

KNOW YOUR RIGHTS

FOR PEOPLE WITH DISABILITY WHO NEED TO GO TO HOSPITAL

DURING COVID-19

HEALTHCARE AND COVID-19

People with disability may need to access hospital care during the COVID-19 pandemic, both if they get sick with COVID-19 or need essential healthcare.

It is a right for people with disability and their families and carers to have equitable access to healthcare during the COVID-19 outbreak. The following provides a checklist of key things to think about your rights, changes to hospital care during COVID-19, getting prepared if you have to go to hospital and what you can do as a patient with disability.

For more information and to access the full 'Know your Rights' guide visit the QDN website: www.qdn.org.au/knowyourrightscovid19

MY RIGHTS TO HEALTHCARE DURING COVID-19

- Have a support person if you need them and it's safe for them to be with you
- Find out about the laws and frameworks that guide and govern how healthcare is delivered including health directives made by the Chief Health Officer
- Know your rights for care

MY CARE IN HOSPITAL DURING COVID-19

GET PREPARED: BEFORE YOU GO

My support needs and information about me

You can think about if you already have these or find out more information to make sure you have clear information about who you are, what you need and other important information about your disability.

- My health passport
- My Connection Kit
- My COVID-19 Hospital Companion
- My healthcare plan
- My health record
- My instructions about how to support me

My health decisions and healthcare directions

You may have some of these documents already prepared or you might like to find out more about them and complete them to ensure your healthcare decisions are communicated and followed by your healthcare team.

- | | |
|--|---|
| <input type="checkbox"/> Advanced health directive | <input type="checkbox"/> Enduring Power of Attorney |
| <input type="checkbox"/> Statement of choice | <input type="checkbox"/> Statutory Health Attorney |
| <input type="checkbox"/> Resuscitation plan | <input type="checkbox"/> Will |
| <input type="checkbox"/> Adult Guardianship | |

My checklist of what to take to hospital

- | | |
|---|---|
| <input type="checkbox"/> My support person | <input type="checkbox"/> My advocacy supports - phone, charger etc. |
| <input type="checkbox"/> My document / information about me | <input type="checkbox"/> My connection kit printed out |
| <input type="checkbox"/> Medications | <input type="checkbox"/> My communication tools |
| <input type="checkbox"/> Make arrangements to get my assistive technology and equipment to the hospital | <input type="checkbox"/> My Personal Protective Equipment |

BE PREPARED: IN THE HOSPITAL

When you are in the hospital, depending on your health, you or your support person can assist you with the following things:

- Have your documents and information about you and your needs displayed
- Give a copy of your information about you and your needs to your healthcare team
- Know your rights and have a copy of the different laws, charters and rules that guide and govern your care
- Speak up and ask questions if you are well enough
- Collect information and be part of hand over meetings with your care team
- Ask for help from your support person
- Ask for help from staff in the hospital like a patient liaison officer, hospital social worker, nurse navigator, etc.
- Make your wishes and your healthcare decisions known
- Remember Ryan's Rule
- Know where you can go and who to contact for individual advocacy

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