



# **New Rules in Greater Brisbane**

**In place from 8 January 2021.  
Coronavirus (COVID-19).**

**As of 8 January 2021.**

**Developed by Queenslanders with Disability Network  
(QDN).**

**[www.qdn.org.au](http://www.qdn.org.au)**

## **How to use this booklet:**

- This information is written in an easy to read way.
- You can ask for help to read this document.

## **This information is for people with disability and tells you about:**

- New rules the Queensland Government have put in place.
- To help stop the spread of COVID-19.
- The Chief Health Officer is the person who gives the rules to the Government in this emergency to keep us safe from the virus.
- They work together.

## These rules are about:

- Home confinement - Staying at home.
- Outdoor gatherings - People in groups outside.
- Visitors at home - Having people in your house.

## You may not have seen these words before:

**Confinement:** being told you have to stay in your home.

**Visitors:** not a member of your household. your support worker is not a visitor.

**Rules:** instruction that tells you the way things are or should be done.

**Household:** people who usually live with you.

**Immediate family:** includes those closest to you, usually spouse, parents, children and siblings.

**Permitted:** things you can do

**Gathering:** two or more people in the same space.

**Fine:** an amount of money you have to pay as a punishment for not following a rule or law.

# New COVID-19 rules

**From 6pm, 8 January 2021 for three days until 6pm, Monday 11 January 2021 new rules are in place in the Greater Brisbane Area. This includes Brisbane, Moreton Bay, Ipswich, Redlands and Logan.**

- There are **new rules** to follow for COVID-19.
- These rules are working to help slow down the spread of COVID-19.
- The Queensland Government tells us what the rules are.
- We must all follow these rules.

# Home Confinement

## New rules

You must stay at home between 6pm, Friday 8 January until 6pm, Monday 11 January 2021.

## You can only go out to:

- buy food and things you really need, like medication.
- go to the doctor or a medical appointment.
- go to work, if you **cannot** work from home.
- exercise with no more than one other person, unless all from the same household.
- care for an immediate family member.
- to get out of an unsafe place.

# Masks

## New rules

If you go **outside your house**, you must wear a face mask unless you have a medical or mental health condition or disability that means you are unable to wear a mask.

You do not need to wear a mask when **inside your home**. However, a carer or support worker must wear a mask.

# Outdoor Gatherings

## New rules

**Groups of people** together outside are **not allowed** to help stop the spread of COVID-19.

If you must go out to do something that is permitted

- you can go on your own or you can go with a person from your house.
- If you need support, you can also have your support person or worker with you. If you need more than one worker to support you, that is OK too. But...

## If you must go out **REMEMBER:**

- Stay two big steps away from people.
- Do what you need to.
- Go home.

# Visitors at home

A visitor is someone who is not a member of your household.

A support worker is not a visitor. They are part of your essential disability support services.

## New rules

Up to two visitors can be in your home if necessary. Support workers are not visitors so are not counted in this rule. A visitor might be an immediate family member or close friend.

If you have a disability more than one support worker or volunteer may visit your home at the same time if that's what you need, plus up to two visitors.

Follow the rules about staying safe and have close contact with people only if you have to.

## Fines

- In Queensland, the police are checking to make sure people follow the rules.
- If they see people breaking the rules, without a good reason, they may talk to people about what they are doing wrong.
- Police can also give people a fine.
- Remember, if you need support to get out you can have your carers or supports with you.
- You can tell the police that you have people with you or close to you because that's what you need for your disability supports. That's a good reason.

More Information can be found here [Queensland Health website](#).

# Disability support services

It is important that you can keep getting your essential services and supports including your disability supports. Call the NDIS if you are worried about your disability supports. **Phone 1800 800 110.**

## Rules to follow to stay safe

- Keep two big steps away from other people.
- Sneeze into a tissue.
- Put the dirty tissue in the bin.
- Cough into your elbow.
- Wash your hands.
- Stay home if you are sick.
- Stay home if you do not need to go out.

**Call Community Recovery Hotline on 1800 173 349 if you need help and you don't have anyone else to help you.**