

# *Changing Lives, Changing Communities Caboolture*



**3 & 4 DECEMBER 2018**

Caboolture Hub

**CABOOLTURE**

# About Changing Lives, Changing Communities

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Changing Lives, Changing Communities are 13, two-day events across Queensland, creating new ways for people – citizens, community organisations, private sector and government representatives – to come together, envision and ask, “what will it take to create communities where everyone contributes, matters and belongs?”

Changing Lives, Changing Communities is about bringing together all parts of the community to co-create solutions to ensure everyone is included in their community, and can access what they need; like a place to call home, good health, transport, education, and meaningful employment.

This document brings together the highlights of the two days in Caboolture. This event, along with five other Changing Lives, Changing Communities events, are funded through Information, Linkages and Capacity Building (ILC) National Readiness Grants – National Disability Insurance Agency (NDIA) – a partnership between QDN, QCOSS and ADCQ.

# Check - in: What inspired you to be here?



To be part of and witness the changes that are possible when conversations occur with willing people

The importance of inclusion in communities. Inclusion is more than participation. Inclusion is more than access. Inclusion is contribution and having a role and purpose in your community

To hear stories and be inspired by possibilities for the Caboolture community

To be an active participant for change in the community. To be a part of disability change and advocacy. To champion change for a better quality of life. To help people go from surviving to thriving

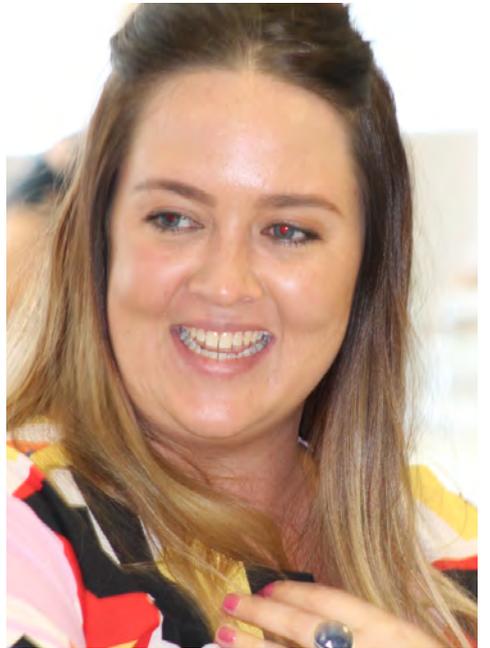
To be part of a movement that gives people an equal and fair shot at life

- Building strong communities is very important to me. I am thrilled to have a opportunity to participate and hear what people say

I am passionate about making a positive difference in our community. I have the energy and desire to continue to work towards a more inclusive and fair community where all are felt valued and respected. I am passionate about the high need in our community to provide affordable housing to all

To be around positive people, to be inspired, connect, learn, share stories and drive changes by inspiring others

Advancing inclusion in a practical and meaningful way. Connecting with people who are similarly motivated



# The Caboolture context



## Panel



### **Leah Keating**

*Co-Director, Sensory Souls*

Sensory Souls started as Sensory Movie Day in 2011 by Chanelle Avison who has children with disability. Chanelle recognised the difficulty for highly sensitive children to attend movie sessions so worked with her local movie theatre to run the Sensory Movie Day once a month. The sessions have dimmed lighting, the sound is lowered, and children can freely move around the cinema, giving children with disability the opportunity to attend movies in a safe and judgement-free environment. Leah, who has worked with many children with disability, met Chanelle in 2013 and helped Chanelle with running the Sensory Movie Days. The sessions have grown and are now in 34 locations across Australia.

After the success of the movie sessions, the duo listened to the families, who wanted more family experiences. Thus, Sensory Souls was born in 2016. The not-for-profit organisation now runs many family events, including swimming days, train days, car events, laser tag, expos, stand up paddleboarding and much more. Families also shared their desire for their children to have photos with Santa without the sensory overload of lights, long queues and music. The group created Sensory Santa, whereby families book a ten-minute slot with Santa at their nearest participating location. You can find out more about Sensory Souls on their website [www.sensorysouls.com.au](http://www.sensorysouls.com.au) or email [admin@sensorysouls.com.au](mailto:admin@sensorysouls.com.au)



### **Clair Parsons**

*Senior Constable for Vulnerable Persons Unit and co-creator of Creating Confidence, Queensland Police Service*

Clair, originally from the United Kingdom, has been working with the Caboolture police for the past 10 years. Every day, Clair dealt with domestic violence situations involving families. Together with Senior Constable Jo Arthur, the duo asked the question, 'What can we do to help these families?' At the end of 2017, the Creating Confidence program was born. The program is an initiative of the Queensland Police Service in conjunction with the Confident Girls Foundation, Netball Queensland and the Caboolture Netball Association. It gives children who experience domestic violence situations at home the chance to break down barriers by playing sports - an opportunity they may have never had before. Sports gives children who experience domestic violence a place to go and gives the group a safe environment to develop a sense of belonging with their teammates. The program also reduces stress, builds self-esteem, confidence and resilience, while simultaneously teaching each age group how to build healthy relationships. The program is currently being piloted at Caboolture Netball Association. However, Clair and Jo are hoping to spread the program across various sports in the Caboolture community.

# The Caboolture context



## Panel



### **Paul Szep**

#### *President of Blind Bats Incorporated*

Paul is the President of Blind Bats Incorporated, an organisation aimed to enhance an active lifestyle and community inclusion through sporting programs and other activities. Paul is proud to be part of an organisation that offers real community inclusion – anyone is welcome to play. “We have sighted people, vision impaired people and now I’ve got some hearing impaired people playing as well,” Paul said. Paul has always had a passion for sports, particularly cricket. However, he only began playing cricket himself at 38 years of age, after one of his friends asked him to come and help him out with a committee he was working on. That committee was the New South Wales Blind Cricket Association. “I’ve always wanted to play cricket but whenever they threw that red ball at me, whenever they bowled it, I always got branded, so it was branding rather than playing cricket,” Paul said. “Then there is this new ball, it’s underarm. You don’t have to see it. You can hear it. So I started to play and I ended up representing New South Wales. After I retired at 39, I went to Hervey Bay and from there I was selected to represent Queensland. Then I got tired of retirement so I went back into business eventually...From there, I didn’t have anything more to do with my cricket, I was too busy,” he said. That was until three years ago, after Paul came back from retirement for the third time to Blind Bats Incorporated. “The association has only been incorporated for a year and two years before that I was working on it to get it to that stage,” Paul said. “Now we are at a stage where we are ready to operate in all the activities. We are starting to operate, and people are coming in and signing up,” Paul said. Blind Bats currently has 24 sports on offer, some which are run by Blind Bats and some that are already in the community. If you would like more information, please visit [www.blindbats.org](http://www.blindbats.org).



### **Luisa Miller**

#### *Community Action for a Multicultural Society (CAMS) Program Manager at the Caboolture Neighbourhood Centre*

Luisa advocates for Culturally and Linguistically Diverse (CALD) people in the Caboolture community. Some of the services the CAMS program offers includes free English lessons for people from a CALD background, and free beach safety lessons for refugees and migrants living in the Moreton Bay Region. CAMS also offers free swimming lessons for under school-aged children from a CALD background, as well as English one-on-one outreach support for people with disability, aged care or people who are isolated from a CALD background. Luisa explained that, for many people from a CALD background, there is a cultural barrier for people with disability, often with families taking sole care of the person with disability. “We don’t know, they don’t show,” Luisa said. Luisa aims to break these barriers through sessions that provide information on what the centre can provide and what other disability service providers in the community can offer.

# Sensemaking



After the panel session, participants were asked to reflect on the panel. What do the stories from the panel tell us so far? And what do we need to focus on? Here are some of your responses:

For those who have no voice, they need to be heard

Recognising everyone has the same rights to a home, to a job, to be included in society/community, to be valued and to have a sense of belonging

We need to be champions for change. We all need to be community leaders in the spaces we work and play

Targeted communications – right message to the right audience to get the best value

Community education campaign on the advantages of diversified community and workforce - how this will bring about a richer and fairer society?

Encouragement, empowerment, participation

The power of networking and how effective this can be to making change in our community

We all need to play our part in calling out misleading information/news, to lobby our decision makers on how unequal our Moreton Bay Region is to those who are marginalised due to health issues, social isolation, poverty and starvation

Make initiatives visible to the community

Thinking outside the box

Harnessing the hope and aspirations

# Stories of Inclusion



Story tellers

Trish Jackson



Trish is an artist and volunteer. Before Trish was born, her mother took the drug thalidomide. Trish's mother took it once. A little while later, her mother realised she was pregnant. A little while later still, Trisha's mother realised her doctor destroyed her medical records. Thalidomide causes birth defects and Trish was born with little arms, three fingers and severe internal injuries.

Trish's first husband, Russell Diefenbach, was a storyteller. He also had lived experience of disability. Russell, who wrote this story 20 years ago, has since passed away. However, Trish wanted to share his vision of an alternative future with the audience:

## **Dream run on two wheels - by Russell Diefenbach**

I had a dream the other night. Most dreams are forgotten but this one lingered like jam on a toddler's face.

I was anxious about an appointment in town the next day and at midnight I realised something...I hadn't booked the special taxi to transport me in my motorised wheelchair. A couple of days' notice is usually required but I'd completely forgotten. The appointment wouldn't be easily changed, and manoeuvring around the city was always a hassle, so I slept with a looming uneasiness about the day ahead.

I had just dozed off when miraculously, I was bolt upright in my chair, fully dressed. Usually it was a two-hour rigmarole. Astonishing but there was more.

Dialling the taxi service, I expected the worst, but the operator asked if I'd like a car immediately. I reiterated it was a 'wheelchair job' but she assured me there was no problem. I booked it for nine. It arrived at nine.

As we glided surreally down Kingsford Smith Drive, an incredible realisation hit home: almost everyone I saw moved around in wheelchairs.

# Stories of Inclusion



## Story tellers

They were everywhere, multitudes, in all shapes and sizes. Anyone with two good arms and legs stuck out like carrots in a butcher's shop. People would stare and whisper, "Nothing's happened to him."

Arriving in the city I braced myself to tackle the uneven footpaths and steep corner cut-outs, but my fears quickly evaporated. The footpaths were smooth and level; they even had raised edges to prevent falling over the side.

My appointment was in an old government building and I knew it had steps. I hoped there was a back entrance through the toilets or something but steps were not to be seen. Every building had a strange contraption in front called a WELCOME module (Wheelchair Elevating Lobby Carrying Only Members Eligible). The module, a cross between a small lift and the Luna Park mouth, was light-sensitive and opened when a chair approached. 'Wheelchairs Only' the sign read. I drove in and was lifted to the office I required. I wondered how the few poor able bods accessed these buildings.

After my appointment I zipped down the module back to street level and met a friend for lunch at a restaurant. I'd never eaten there before because of a spiralling staircase, but this day I felt lucky. Sure enough, it had a wheelchair module. The stairs had vanished. The meal was delicious, and we spent a relaxed afternoon knowing that the restaurant also had wheelchair-only toilets. What able-bods did I wasn't sure, but I surmised that if they couldn't access the building, they wouldn't need a special toilet anyway. Sounded reasonable.

I left the restaurant in good spirits and was about to phone for a taxi when I noticed a bus pull up. It had no seats. People in wheelchairs were getting on and off with consummate ease, so throwing caution to the wind I wheeled on - Utopia.

As we passed Anzac Square, I saw a small group of able-bods demonstrating about the lack of transport facilities available to them. Someone said they'd been lobbying the council and the government for years wanting seats put in cabs, buses and trains. Apparently, they also wanted steps built on to all public buildings. They were chanting about equal rights or something.

The audacity, I thought, then stuck my head out the window to catch the cold breeze. A moment later, I was home, elated.

But then the clock-radio startled me at seven and I woke, with a looming uneasiness about the day ahead.

# Stories of Inclusion



## Story tellers



### Pippa Rogers

Pippa is part of the Connected Communities program, an initiative of the Moreton Bay Regional Council. Part of the Connected Communities program helps people with disability feel more connected. Pippa is also an educator and budding public speaker. Pippa has helped to educate students about her lived experience of disability, including speaking to students from the University of the Sunshine Coast and the Queensland University of Technology. "It felt amazing to have the opportunity to speak with students at universities," Pippa said. She has also worked with Indonesian students through a Department of Foreign Affairs program. The program helped students create ideas on how to include people with disability in their own countries. Pippa has completed studies herself, completing an online course in sociology. "I did it by myself and got 80 per cent. It helped me to realise what it would be like to go to uni," Pippa said. This experience inspired Pippa and she now hopes to study social sciences at university so she can continue to help her community. Inclusion to Pippa means feeling safe, having access to events and facilities and having opportunities to meet and discover new things.



### John Smout

John is a Board Member of Caboolture Community Work Cooperative and Supervisor at Lagoon Creek Café and Function Room. The café is a social enterprise that provides employment for people with disability and/or a lived experience of disability. John has been working at the café for the past eight years and makes cakes and scones from scratch in the kitchen. He is also an accomplished barista. "I have learned heaps since starting work," John explained. "I make the best coffee in town. My boss says so," John smiled. One of the best parts of John's work at the café is knowing people appreciate the teams service. "It makes us happy to know we do a good job," John said. John and the team has been recognised by the community for their hard work. In 2013, the Lagoon Creek Café won the Best Business Award – Sunshine Coast region, in the Caboolture Excellence in Business Awards. In 2014, John was nominated individually for the Excellence in Business Award, as well as the café being nominated, and winning, the Best Dining Award. As well as being talented in the kitchen, John is also an accomplished public speaker. Prior to speaking at the Caboolture event, John had already spoken at two events that morning.

# Stories of Inclusion



## Story tellers



### Cody Skinner

Cody is a local disability advocate within the Caboolture community. He runs his own advocacy business and works with a local disability service provider. He has lived experience of disability as he has autism and is deaf, with Auslan being his first language. He also has an Aboriginal and Torres Strait Islander background. Cody was excited to be part of the Changing Lives, Changing Communities event and shared his story of inclusion with the community he is passionate about.

"I decided to become a voice for people with disability because I believe they deserve a good quality of life, and I acknowledge people's human rights," Cody said. "The best thing about advocacy is that your disability is heard; we are able to celebrate the life that we have with a disability."

Cody said he is proud of his disability and it is a gift.

"Disability is a condition you have, but the word 'ability' [means] to empower and overcome - yes we can."

One of the ways Cody is empowering his local community is using every occasion that presents itself to advocate for people with disability. For instance, on the second day of the event, participants explored taking ideas and turning them into action. Cody decided to use this opportunity to drive his own idea - giving people the opportunity to learn Auslan in the Caboolture community for free. Cody said he became involved with Changing Lives, Changing Communities to hear people's stories and to find ways to improve community services in Caboolture. He said the event gave the community the chance to see the future and transform it for the next generation. "It opened more doors to my advocacy and to a network with other businesses."



### Ron Filian

"I think some of you know me or have seen me," Ron explained to the audience. That is a bit of an understatement. Ron is well known in the Caboolture community. In fact, "Ron is part of Caboolture," Alan said. Ron is a Big Issue vendor and advocate for #inclusionforeverybody. If you engage in a conversation with someone in the community who may have a different style of communication, Ron asks you to remember three points:

1. Give time for the person to communicate
2. Listen to the point they are conveying
3. Seek clarification if you are confused

# Stories of Inclusion

## Story tellers

"Sometimes you have to work under the waterline" - Alan



## Alan Parsons

Alan started on his disability advocacy journey when he stumbled across an advertisement in the local newspaper, advertising for people with disability to 'Get Involved' with the Regional Disability Advisory Council. Alan wrote his CV for the position. Alan has lived experience of disability and was a perfect candidate. He was accepted to be part of the Sunshine Coast council team.

"I then discovered that MP Warren Pitt wanted to reform how the sector engaged and supported people with disabilities, their carers, NGO's and organisations. It was an amazing opportunity and I reached out," Alan said. In this role, Alan connected with communities. For example, he recalls speaking with Lionel from Seventeen Seventy. Lionel told Alan he had so much trouble connecting with his local community.

"We were yarning it up and I said, 'Have you joined the fishing club?'" Lionel hadn't but he did. Soon enough, Lionel made connections.

"There is always someone who knows someone who knows someone with disability," Alan said. Throughout Alan's life, he has encouraged people with disability to be an active part of their communities.

"I encourage people with disability to step out from behind doors, from behind disability, to share."

By stepping out and sharing, a whole range of opportunities came knocking for Alan.

"In 2009-10, I got the opportunity to reengage with the Indigenous community," Alan said.

"I went walkabout and connected with different communities."

By doing this, Alan realised there was a serious gap for Indigenous people with disability. From there, Alan joined with other interested people to help create the Aboriginal and Torres Strait Islander Disability Network. The network is a culturally safe space for members to connect, share and raise awareness of issues they are facing. They celebrate their strengths and change the conversation, so disability can be seen in positive ways and challenges seen as opportunities.

Alan's words of advice?

"Don't wait for it to happen. You can do it. We all have the power to bring about change and inclusion."



# Recipe for inclusion



While storytellers were sharing their experiences, we asked participants to listen to the ingredients for inclusion. This is what they heard.



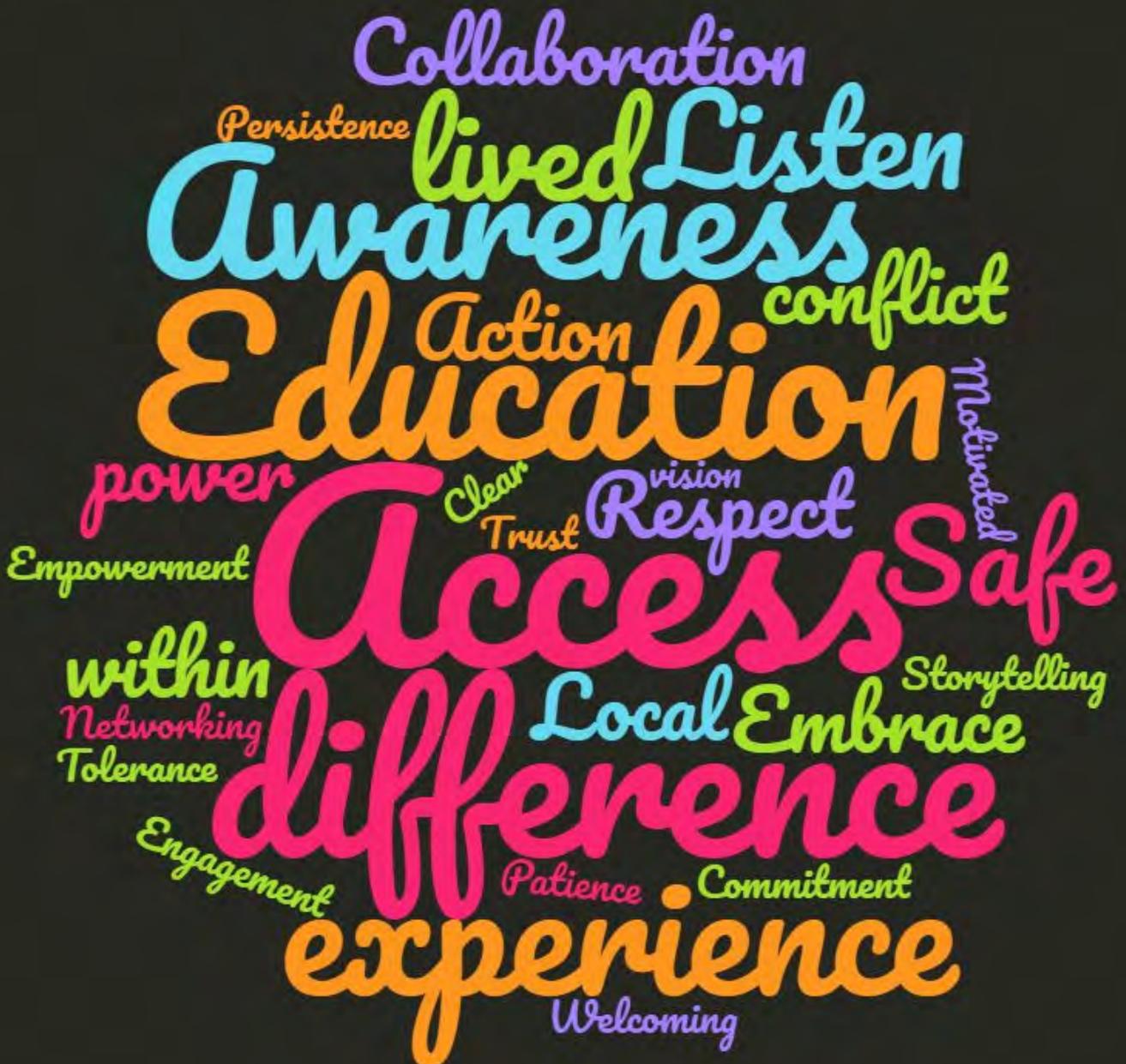
## Recipe:

1. Listen and understand
2. Access
3. Acceptance
4. Connections
5. Feeling safe
6. Opportunity
7. Education
8. Celebrate diversity
9. Patience
10. Equality

# World Cafe



What will it take to create a community where everyone contributes, matters and belongs?



# World Cafe



What are the elements already happening here?





What action am I willing to take to progress the vision?

Storytelling  
Understand  
Converse  
Engage  
Local  
Support  
Accountable  
Hard  
Integrity  
Volunteer  
Trust  
Education  
Positivity  
Honesty  
Advocate  
Share  
Balance  
Pitch events  
work  
Awareness  
Informed  
Listen  
heroes  
Leadership

# Appreciative inquiry



Making social change requires courage. We asked participants to share when they had to be courageous to create change. We asked what was inspiring/important and what helped it to happen? These are their stories.

## What was inspiring/important?

- Change was needed to move forward
- Needed to adapt
- Good listener

## What helped it to happen?

- Took time to get used to changes
- Everyone came on board
- Support network

## What was inspiring/important?

- Experiencing difficulties first hand when supporting
- Everyone is equal
- Identifying challenges and look at making changes
- Opportunities
- Connectivity

## What helped it to happen?

- Diverse background can help
- Long process - can now connect the dots
- Seeing people struggle
- Seeing need to build skill
- Challenge others to make changes and innovative approaches

## What was inspiring/important?

- Taking initiative to make change - not waiting for someone else
  - Learning from peers
- Willingness to stand up and do something

## What helped it to happen?

- Being proactive and standing up for what is needed
  - Identifying the issue
  - Taking the initiative
  - Motivation

## What was inspiring/important?

- Vulnerability - trusted us to listen
- Resilience - consistent actions, listening
- Firm guidelines - boundaries, structure
- Empowered self - being of service
- Followed what matters and what is important or meaningful to self
- Positive - took opportunities when presented

## What helped it to happen?

- Problem solving for self
- Support - environment - like minds
- Crisis - to light the internal fire
  - Encouragement
  - Life experiences
  - Being persistent
  - Diversity

# Open Space

## Ideas to actions.....



### Project 1



## Host idea

How can we create a tour of health and social services in an area for interested people?

## Vision

### What do we know works...

- Face to face contact
- Existing networks in close proximity
- Local community connections
- Sharing of information using various mediums eg. audio

### What could this idea become...

- Uni/TAFE students
- Part of induction process
- 2-3 hour free tour with morning tea (hosting organisation)
- Once a month arrangement with different flavour
  - Organisations to subscribe/pay
    - Bus or walking tour
  - Assessment of accessibility to services
- Better referral outcomes – eg. NDIS service provider
  - Education
  - Grant application

### Who do we need to partner with...

- Moreton Bay Regional Industry and Tourism
- Moreton Bay Regional Council
- VR Designers
- National Disability Insurance Agency
- Queenslanders with Disability Network
- Education/teaching facilities
- Service providers – youth, employment
- Government policy workers

### What are the risks and challenges..

- Safety of attendees
- Public liability insurance
- Organisations not seeing value/no buy in
- Too many organisations to visit
  - Who is involved?
- Cost associated with tour



## Project 1

What do we need to learn by doing?...

- Breakfast Club at Redcliffe – good example
  - Open Minds
- Barriers to getting funding/ensure supported through journey
- Upsell exposure agencies/service providers/organisations get from tour
  - Eventbrite for event registrations

How do we make sure everyone is included?...

- Through existing media channels
  - Invitations in print/online/talk
    - 4 x truck at launch event
    - Utilise digital platforms

What are our next wise steps...

- Set up a committee and develop a business plan
- Register name as not for profit/association/charity
  - Confirm membership options
- Set up partnership agreements/constitutions
  - Funding applications
- Trial tour with interested organisations/committees

# Open Space

## Ideas to actions....



### Project 2



## Host idea

Establish an interagency to progress work together for the community - how can we keep working together?

### What do we know works...

- Agenda and goals
- Priorities/purpose
- Target groups
- Actions to work towards
- Invite business to link in with members – inform back about barriers
- Accessible location
- Two-way sharing
- Memorandum of understanding
- Lead agency
- Realistic goals
- Working groups
- Defined roles
- In kind support
- Local knowledge
- Take advantage of resources available eg. Access and Inclusion Officer
- Quarterly meetings

### What could this idea become...

## Vision

- Central point for services to gain advice and share information
- Central point for helping community members and services
- Opportunity to head some of the other projects mentioned
  - Approach Queenslanders with Disability Network
    - Options – free venue – accessible
- Quarterly meetings – clear agenda and goals
- Priorities and purpose to be set by members
- Inclusive – community/service organisations

### Who do we need to partner with...

- Neighbourhood Centre
- Homelife
- Multicultural Development Australia
- Better Together
- Primary Health Network
- Council
- Queenslanders with Disability Network
- National Disability Insurance Service
- QCOSS
- Anti Discrimination Commission Queensland
- Carers Queensland
- Community members
- Diversicare
- Consumers
- Hospital
- Anglicare
- Employment services

### What are the risks and challenges...

- No defined direction
- No one is accountable
- Everyone has their own agenda
  - Talking with no outcomes
  - No accessible location
- Not having the right people at the meeting to progress ideas



## Project 2

What do we need to learn by doing?...

- What people's needs are in the community
- What is available and what's not available
  - Barriers and enablers
- What are new and better ways to support and approach issues
  - The right resources/supports for individual needs

How do we make sure everyone is included?...

- Inviting services and community members to attend and contribute
- Make sure people can contribute through various means – eg. Email, phone (send minutes)
  - Offer ways to access framing etc.
  - Ask what people want and need to be included
    - Raising awareness

What are our next wise steps...

- Send out an expression of interest to agencies and services to share with their networks
  - Community door – resources to support

# Open Space

## Ideas to actions....



### Project 3



## Host idea

How do we create an 'Is Everybody Here?' expo for collective change that includes everybody?



## What do we know works...

- Outdoors venue
- Concept
- Timing (school holidays)
- Entertainment – performers (various)
- Rides (inclusive)
- Fireworks
- Various information/ service providers
- Activities (inclusive)
- Intergenerational impacts
- Environmental impacts (bags, straws)
- Food trucks (variations)
- Accessibility
- Ethnic inclusivity

## What could this idea become...

- Largest in Queensland/Australia
- Digital version (concept) online engagement
- Largest annual fundraiser for Caboolture Disability Support Network
- Showcase for the community
- Similar events to be delivered around the country

## Who do we need to partner with...

- Youth groups
- Employment services
- Council
- Moreton Bay Regional Industry and Tourism
- Bluecare
- Centacare
- Banks
- Travel agency (experiences)
- Stall holders (strategic)
- 101.5FM (radio)
- Community groups
- Yellow cabs (cab charges)
- Service providers
- Neighbourhood centres
- Medical centre
- Insurance (Sponsorship – weather insurance)
- Lawyers
- Papers
- TAFE, University of the Sunshine Coast and Queensland University of Technology (students – community services)

## What are the risks and challenges..

- Weather
- Location (approval)
- Timing (day/year)
- Volunteers (active)
- Other events dates
  - Marketing
  - Transport
- Refund policy
- Cost for stalls
- Steering committee (key strengths)
- Stallholders



## Project 3

### What do we need to learn by doing?...

- Organisation
- Tactile strategy
- Catchment area (marketing)
- Other local events that work (locations)
  - Disability statistics (targets)
- Disability Expo (Brisbane and Sunshine Coast)
- Disability Action Week (just outside of this week intentionally)

### How do we make sure everyone is included?...

- Marketing – radio, newspaper, flyers/brochures (letter box drop), social media (Facebook)
  - Networks
  - Schools
- Promoting via other events (eg. Caboolture Family Fun Day)
  - Youth
  - What's on
    - Event websites (visit etc)
    - Name of event (engaging)
- Making sure we have a good variety of food/activities

### What are our next wise steps...

- Secure location (Centenary Lakes)
- Steering committee + subcommittee
  - Logistics
- Entertainment schedule/performances
  - Security
  - Website content
  - Fireworks
- Sponsorship prospects - what deliverables? (Cash, in kind) and two tiers (major/community)
  - Guest speakers
  - MC for main evening
  - Audio/lighting
- Time frame – 28th of September 2019– 10am-8pm

# Open Space

## Ideas to actions.....



### Project 4



**Host idea** How do we make the hospital system more inclusive and disability friendly?



What do we know works...

- Education
- Presenting to staff and different cohorts
- Solutions, not just problems
- Coming from foundation of Human Rights

Who do we need to partner with...

- Advisory group – Metro North Hospital and Health Services
- Public Health Network
- Health Consumers Queensland
- Queenslanders with Disability Network Peer Advocacy group
- Hospitals and emergency services
- Universities

What could this idea become...

- Diversity plan so hospital understands needs of all people within the community
- Better communication in hospital

What are the risks and challenges..

- Finding out what all hospitals are doing
  - Not changing
- Poor patient experience



## Project 4

What do we need to learn by doing?...

- Getting the right information and people involved
  - Get a clearer picture of the current state
  - Capturing individual stories

How do we make sure everyone is included?...

- Including different advisory groups in the process
- Diverse groups and people with lived experiences

What are our next wise steps...

- Identify a core group
- Network and utilise contacts
  - Capture people's stories
- Write to Metro North Hospital and Health Services
  - Engage Public Health Network

# Open Space

## Ideas to actions....



### Project 5



## Host idea

How do we create housing choice through the NDIS?



Vision

What could this idea become...

- Meet housing needs for all
- Allow people choice of where they want to live

What are the risks and challenges..

- Acceptance of current circumstances
- Not having first application thorough enough

What are our next wise steps...

- Contact successful applicants (supported independent living) through NDIS and what worked

- Pre-plan for NDIS – talk with CPL
- Outline housing need and stock

✓ What do we know works...

- To understand the system
- Education and knowledge exchange
- Talk with people doing it and getting results

Who do we need to partner with...

- People who understand the system
- Pre-planners

# Open Space

## Ideas to actions....



### Project 6



## Host idea

A public art and storytelling exhibition which aims to challenge perceptions, start conversations and build a more inclusive community



What could this idea become...

What do we know works...

- Storytelling – making it personal
  - Powerful images
  - Humans of New York
    - Music
    - Poetry
- Public art eg. Sculptures by the Sea

- Putting a spotlight on the reality of disability through art in order to challenge stereotypes, stimulate discussion, break down barriers and arrive at a more compassionate and inclusive society

What are the risks and challenges..

Who do we need to partner with...

- [Visitmoretonbayregion.com.au](http://Visitmoretonbayregion.com.au)
- Moreton Bay Regional Industry and Tourism
- Local artists
- Local festival organisers
- Galleries
- University of the Sunshine Coast
- 'Is Everybody Here?' event
- Disability Services Expo
- Volunteers
- Service providers
- National Disability Insurance Agency

- Measuring the impact (do we need to?)
  - Losing control and authenticity to political or commercial interests
  - Participants may be reluctant to open up to the photographer
  - Overcomplicating



## Project 6

What do we need to learn by doing?...

- The best location(s) to reach and engage people
  - What the best medium is
- How to gather content and contributions

How do we make sure everyone is included?...

- Provide participants with the opportunity to make a contribution
- Host the exhibition at regional events which attract a lot of people
  - Not just focussing on disability

What are our next wise steps...

- Come up with a formal proposal and feedback
  - Sort out funding
  - Seek out stakeholders

# Open Space

## Ideas to actions....



### Project 7



## Host ideas

Learning Auslan in the community

✓ What do we know works...

- Face to face learning
- Peer environment support
- Practice with friends/buddy
- Meetup.com
- Start with basic

What could this idea become...

- Learn in small group up to 10 people
  - Learn in private places
- Idea once week (Wednesday) and have holiday breaks
- Using technology in the community

Vision

What are the risks and challenges..

- Lack of free space
- Improve advertising
- Access work opportunities
- More awareness in the community
  - Teacher becomes overworked
- Reaching people – use technology
  - Safe environment

Who do we need to partner with...

- Partner with disability communities
- Access organisation space locations
- Partner with deaf organisation



## Project 7

What do we need to learn by doing?...

- Learning more
- Acknowledging/motivation of achieving
  - Flexible around people skills
  - Need more resources
- Identify people sensitive of learning

How do we make sure everyone is included?...

- Avoid discrimination languages
- Focussing on different learning materials
- Ensuring space is accessible to everyone
- Different advertising (social media, library and shopping centre noticeboards)

What are our next wise steps...

- Find the space
  - Advertising
- Confirm time/day or night
- Have information session beforehand
  - Have online survey
  - Contact school P&C

# Four pictures, two days



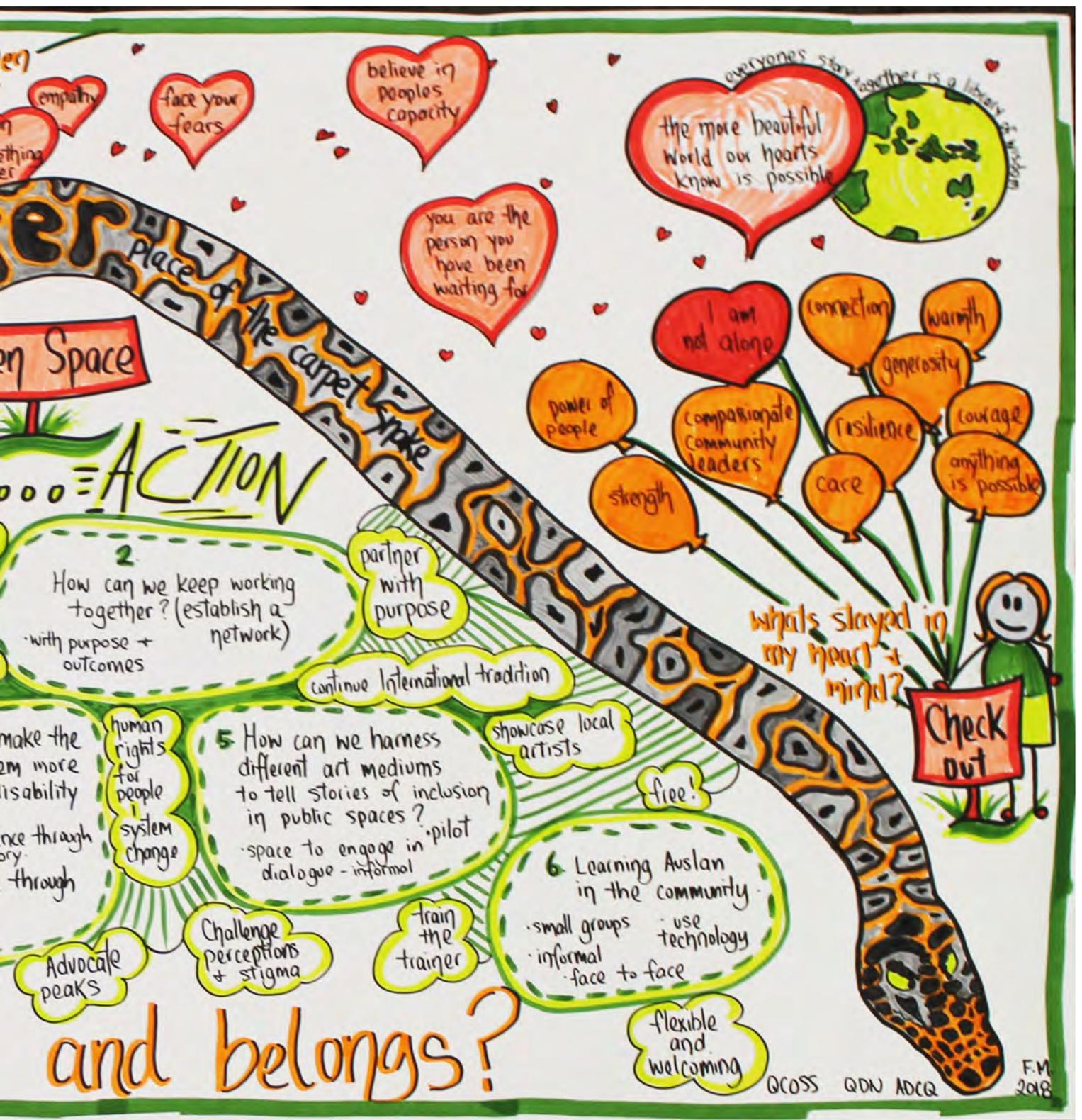
# Four pictures, two days



# Four pictures, two days



# Four pictures, two days



Thanks to everyone who came along to Changing Lives, Changing Communities Caboolture.  
We know you have made a difference!



## ***Changing Lives, Changing Communities Caboolture***

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